



Jane Ormerod

Ms Ormerod an experienced health care professional with 39 years experience in a range of clinical, educational and professional development settings. A skilled facilitator, coach and mentor she works currently as a volunteer within the 3rd sector. Ms. Ormerod is chair of Long COVID Scotland.

She attended The Robert Gordon University and University of Aberdeen and received a Master's degree, BA, Hons, Post Graduate Certificate, Diploma,, Nursing, Practice Education Master's degree, BA, Hons, Post

Graduate Certificate, Diploma,, Nursing, Practice Education.

Publications

1: Cooper K, Duncan E, Hart-Winks E, Cowie J, Shim J, Stage E, Tooman T, Alexander L, Love A, Morris JH, Ormerod J, Preston J, Swinton P. Exploring the perceptions and experiences of community rehabilitation for Long COVID from the perspectives of Scottish general practitioners' and people living with Long COVID: a qualitative study. *BMJ Open*. 2024 May 15;14(5):e082830. doi: 10.1136/bmjopen-2023-082830. PMID: 38749696; PMCID: PMC11097876.

2: Duncan E, Alexander L, Cowie J, Love A, Morris JH, Moss R, Ormerod J, Preston J, Shim J, Stage E, Tooman T, Cooper K. Investigating Scottish Long COVID community rehabilitation service models from the perspectives of people living with Long COVID and healthcare professionals: a qualitative descriptive study. *BMJ Open*. 2023 Dec 14;13(12):e078740. doi: 10.1136/bmjopen-2023-078740. PMID: 38101833; PMCID: PMC10729197.

3: Sanal-Hayes NEM, Mclaughlin M, Hayes LD, Mair JL, Ormerod J, Carless D, Hilliard N, Meach R, Ingram J, Sculthorpe NF. A scoping review of 'Pacing' for management of Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS): lessons learned for the long COVID pandemic. *J Transl Med*. 2023 Oct 14;21(1):720. doi: 10.1186/s12967-023-04587-5. PMID: 37838675; PMCID: PMC10576275.

4: Haag L, Richardson J, Cunningham Y, Fraser H, Brosnahan N, Ibbotson T, Ormerod J, White C, McIntosh E, O'Donnell K, Sattar N, McConnachie A, Lean MEJ, Blane DN, Combet E. The remote diet intervention to reduce Long COVID symptoms trial (ReDIRECT): protocol for a randomised controlled trial to determine the effectiveness and cost-effectiveness of a remotely delivered supported weight management programme for people with Long COVID and excess weight, with personalised improvement goals. *NIHR Open Res*. 2023 Aug 3;2:57. doi: 10.3310/nihropenres.13315.2. PMID: 37881302; PMCID: PMC10593354.

5: Aiyegbusi OL, McMullan C, Hughes SE, Turner GM, Subramanian A, Hotham R, Davies EH, Frost C, Alder Y, Agyen L, Buckland L, Camaradou J, Chong A, Jeyes F, Kumar S, Matthews KL, Moore P, Ormerod J, Price G, Saint-Cricq M, Stanton D, Walker A, Haroon S, Denniston AK, Calvert MJ; TLC Study Group. Considerations for patient and public involvement and engagement in health research. *Nat Med.* 2023 Aug;29(8):1922-1929. doi: 10.1038/s41591-023-02445-x. Epub 2023 Jul 20. PMID: 37474660.

6: Hughes SE, Haroon S, Subramanian A, McMullan C, Aiyegbusi OL, Turner GM, Jackson L, Davies EH, Frost C, McNamara G, Price G, Matthews K, Camaradou J, Ormerod J, Walker A, Calvert MJ. Development and validation of the symptom burden questionnaire for long covid (SBQ-LC): Rasch analysis. *BMJ.* 2022 Apr 27;377:e070230. doi: 10.1136/bmj-2022-070230. PMID: 35477524; PMCID: PMC9043395.